

Moving & Handling Practical Sessions

Manually Assisting a Client In/Out of a Car

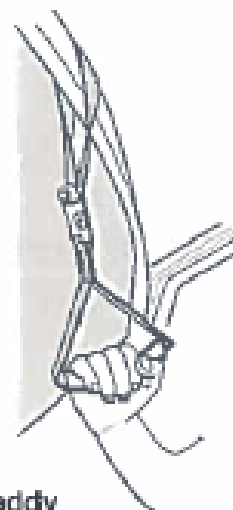
Manually Assisting a Client Into/Out of a Car

Minimum Assistance

This client needs to be able to stand momentarily to allow safe assistance into a car. Particular car designs and the position of the car in relation to the road/ pavement as well as the road surface will assist with this move. A car with a wide door opening is very important. The seat that the client is moving into should be positioned as far back as possible. Once the car door is opened the client's wheelchair will be placed in the door space. The client may use a car caddy/handybar or similar to assist them to stand. The client should be discouraged from holding the car door as this will move. The care worker can guide the client's hips forward from behind the wheelchair. Once the client is standing the chair is removed and the care worker guides the client's hips to turn and lower onto the car seat. A rotating cushion and, possibly, handling sling or leg lifter will assist the client and care worker to move their legs into the car.



Handy bar



Car Caddy

Moderate Assistance

For clients who are unable to stand, other aids will assist including a transfer board (which will bridge the gap between the wheelchair and the car) enabling the client to slide across and onto the car seat. Other options to consider for the less able client include: a bridging platform with a permanent feature on a car to bridge the gap; an adapted vehicle with a seat adaptation which moves electronically round and out of the car; a specialist hoist to enable access and egress of the car.

Equipment: Car caddy/handybar, rotating cushion, handling sling, transfer board, an adapted vehicle, a specialist hoist.