

SECONDARY SCHOOL MENU

WEEK 1

Choice One

Choice Two

Monday

Chicken grills, baby boils, corn on the cob and sugar snaps

Quorn dippers, baby boils, corn on the cob and sugar snaps

Tuesday

Hotdog with oven baked wedges and veg sticks

Cheese pizza with oven baked wedges and veg sticks

Wednesday

Creamy pesto pasta with salad

Quorn bangers in onion gravy with mash and veg

Thursday

Mexican style chilli con carne with tortilla chips

Mac and cheese, homemade garlic bread and salad

Friday

Fish and chips with peas/beans and lemon wedge

Vegan sausage with chips, beans and peas

£2.85 a meal.

The three week menu cycle meets the revised Scottish Nutrition Guidance for food and drink in schools. Every meal served includes a portion of fruit and two portions of vegetables.



sustainable thriving achieving

East Dunbartonshire Council

www.eastdunbarton.gov.uk

SECONDARY SCHOOL MENU

WEEK 2

Choice One

Choice Two

Monday

Beef meatball sub with
sautéed potatoes

Quorn mince in gravy with
sautéed potatoes

Tuesday

Tuna pasta salad

Cheese pizza with oven baked
wedges and veg sticks

Wednesday

Chicken burger oven baked
wedges, coleslaw, veg sticks

Sweet potato and lentil curry
with rice

Thursday

Chicken popcorn, potato
cubes and vegetable sticks

Salmon bites, potato cubes
and vegetable sticks

Friday

Fish fingers, beans and peas

Vegan sausage roll with chips,
beans and peas



£2.85 a meal.

The three week menu cycle meets the revised Scottish Nutrition Guidance for food and drink in schools. Every meal served includes a portion of fruit and two portions of vegetables.



sustainable thriving achieving

East Dunbartonshire Council

www.eastdunbarton.gov.uk

SECONDARY SCHOOL MENU

WEEK 3

Choice One

Choice Two

Monday

Chicken curry with savoury rice and salad

Quorn burger with savoury rice and salad

Tuesday

Sausage, mash, onion gravy and seasonal veg

Cheese pizza with oven baked wedges and veg sticks

Wednesday

Free range folded omelette, diced potatoes and salad

Pasta Neapolitan, homemade garlic bread and salad

Thursday

Beef lasagne with homemade garlic bread and salad

Roasted cauliflower and chickpea korma rice

Friday

Fish and chips, beans and peas

Vegan sausage roll with chips, beans and peas

£2.85 a meal.

The three week menu cycle meets the revised Scottish Nutrition Guidance for food and drink in schools. Every meal served includes a portion of fruit and two portions of vegetables.



sustainable thriving achieving

East Dunbartonshire Council

www.eastdunbarton.gov.uk

SECONDARY SCHOOL MENU

■ Daily Specials ■

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Tomato soup or lentil soup	Chicken noodle or lentil soup	Leek and potato or lentil soup	Carrot and coriander or lentil soup	Season veg or lentil soup
Pasta	Roasted red pepper and mozzarella pasta with garlic bread & salad	Macaroni cheese served with garlic bread and Salad	Tomato and mascarpone pasta served with garlic bread and salad	Feta pasta served with garlic bread and salad	Cajun roasted vegetable pasta served with garlic bread and salad
Cold 'Grab and Go' option	Grated cheese, tuna mayonnaise, ham and cheese sandwiches	Grated cheese, tuna mayonnaise, ham and cheese sandwiches	Grated cheese, tuna mayonnaise, ham and cheese sandwiches	Grated cheese, tuna mayonnaise, ham and cheese sandwiches	Grated cheese, tuna mayonnaise, ham and cheese sandwiches
Hot 'Grab and Go' option	Pizzini pockets BBQ chicken melt, ham and cheese panini	Pizzini pockets	Pizzini pockets	Pizzini pockets	Pizzini pockets
Dessert	Brownie, cookie, sponge muffin or fresh fruit selection	Brownie, cookie, sponge muffin or fresh fruit selection	Brownie, cookie, sponge muffin or fresh fruit selection	Brownie, cookie, sponge muffin or fresh fruit selection	Brownie, cookie, sponge muffin or fresh fruit selection

£2.85 a meal.

The three week menu cycle meets the revised Scottish Nutrition Guidance for food and drink in schools. Every meal served includes a portion of fruit and two portions of vegetables.



sustainable thriving achieving

East Dunbartonshire Council

www.eastdunbarton.gov.uk