



Milngavie and Bearsden Men's Shed

Annual Report and Financial Statements

For the Year ended 31 December 2022



Trustees' Annual Report

For the Year ended 31 December 2022

The trustees have pleasure in presenting their report together with the financial statements and the independent examiner's report for the Year ended 31 December 2022.

Reference & Administrative information

Charity Name

Milngavie and Bearsden Men's Shed

Charity No

SC047703

Address

"The Pagoda"
King George V Park
Borland Road
Bearsden
G61 2NE

Current Trustees



All trustees were elected at the AGM on 28 April 2022

Structure, Governance and Management

Constitution

The Charity is a Scottish Charitable Incorporated Organisation (SCIO). It was registered in its current legal form on 04 September 2017. It has a two-tier structure and as such the membership appoint the trustees.

Appointment of Trustees

The management of the charity is carried out by the Board. Membership of the Board is comprised of Charity Trustees. Trustees are elected at the annual general meeting which this year was held on 28 April 2022. Under the constitution there must be a minimum of three and a maximum of eight trustees. Membership of the Board is open to all the members of the Men's Shed. The Board hold regular meetings throughout the year.



Objectives and Activities

Purpose

The Milngavie and Bearsden Men's Shed (MBMS) is a registered charity whose main purpose is the advancement of the health and well-being of adult men, from the age of 18, from all backgrounds and living within East Dunbartonshire.

This will be achieved by creating, developing and maintaining a facility (the Pagoda), which will offer the members the opportunity to meet and undertake creative, physical, purposeful and recreational activities of their choice. This will reduce the isolation of men in the area, contributing to their physical and mental wellbeing and develop the capacity of members to share their skills and knowledge with others in a safe and friendly environment.

Activities

This year, 2022, has been a more normal year where we began to see the back of the covid virus which allowed us to have a belated Christmas Lunch in February. Members have been becoming more involved in projects, using the workshop more and we have continued to develop facilities with environmental and machinery improvements. Our metalworkers combined the best parts of two Myford metal lathes to make one improved operational machine. On a visit to Barrhead Shed we were impressed by the work being done on a laser etcher and the trustees decided to purchase a similar Dragon machine to be placed in our light crafts workroom and it has been a great success with a lot of creative work being done by many members.

We acquired a lease for an adjacent garage which was in a poor state and we have done approved works to make them fit for our storage requirements including restoring steelwork, installing a personnel door, new motorised roller shutter doors, plumbing, electrical works, painting walls and obtaining racking & workbenches from the old Boclair Academy.

We have been successful in obtaining grant funding for our works and projects with the result that our bank balance keeps steady at a comfortable level.

The Queen's Platinum Jubilee Event was held in the park outside the Men's Shed. Killermont Crafters sold their work in the shed and made great use of our contactless payment machine for the day. Special thanks to Bearsden East Community Council who sponsored the event and all the local community groups who contributed to its success. We were privileged to be visited by Depute Provost Colette McDiarmid, councillors Vaughan Moody and Ian Gallagher. The main attraction was the music of Dunbartonshire Concert Band who played a wonderful programme of music.

Also over the last year -

we have produced bird boxes, mud kitchens, and many personal projects; we have had several outings to interesting places; carried out a renovation of the Pergola in Bearsden Memorial Garden for Bearsden in Bloom; assisted the Astronomical Society of Glasgow with a new observatory at Mugdock; completed a Cairn Project with time capsule at the Baptist Church in Roman Road describing the site of the roman fort there; had informal lunches and Pancake Day by members for members; and created activity boards to assist physiotherapists who work with the residents in local care homes.

We had a visit from the participatory artist Elena Mary Harris. She spent the day talking to members because she is researching the intention of creating a memorial to the covid pandemic in East Dunbartonshire. Many of our members were able to make a valuable contribution by giving their views on the project.

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One of our members is a documentary film maker and anthropologist. He started recording video stories from the Men's Shed with the goal of producing a documentary which should be a fascinating and informative image of life at the Pagoda.

The year was rounded off with a Christmas sale of work by Killermont Crafters and the Men's Shed and we held our second Christmas Lunch of the year at Bearsden Golf Club. An excellent meal was enjoyed by all. Our speakers were also pleased to celebrate the life of an active and popular member who sadly passed away at the age of 92 not long before Christmas and many stories were told of his exciting life.

While maintaining our free membership policy our financial position remains healthy. Our public profile is very good which is demonstrated by our continuing ability to attract new members bringing the total to almost 200.

We enjoy providing a warm and welcoming environment where men can go for a cup of tea, a chat, a joke, friendship, and support as well as getting the opportunity to use the workshop.

Financial Review

We are now seeing an improvement in the Covid Epidemic such that there is more financial activity in and around the Shed.

More projects have been undertaken in the community by Members in helping schools, recreational clubs, health and wellbeing groups, and other charitable bodies, etc. with "things". Many of these "things" stimulate interest which is recognised by the general public and that reflects positively in the workings of the Shed. A place with helpful men!

We do not exist to compete with commercial firms but tend to be of assistance to people, etc., requiring small things carried out. We exist on donations from members and others, together with a higher receipt of grants which has allowed the Shed to embark on a greater level of equipment and facilities.

Accordingly, our Balance Sheet with the sum of £24,202 in the bank and in cash is a very healthy one, with the level of income more than covering our outgoings. May this continue.

Approved by the trustees on 30 August 2023 and signed on their behalf by:

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Independent Examiner's Report

The year ended 31 December 2022

Independent Examiner's Report to the Trustees of the Milngavie and Bearsden Men's Shed.

I report on the accounts of the charity for the year ended 31 December 2022, which are set out on pages 6 to 8.

Respective responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustees Investment (Scotland) Act 2005 ("the 2005 Act") and the Charities Accounts (Scotland) Regulations 2006 (as amended) ("the 2006 Regulations"). The charity's trustees consider that the audit requirement of Regulation 10(1)d of the 206 Regulations does not apply. It is my responsibility to examine the accounts as required under section (44)(1)(c) of the 2005 Act and to state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination is carried out in accordance with Regulation 11 of the 2006 Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- 1. which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Regulations and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Regulations have not been met, or
- 2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



MILNGAVIE & BEARSDEN MENS SHED Statement of Receipts and Payments For the year ended 31st December 2022

	Note	Unrestricted Funds	Period Ended 31/12/21
Receipts			
Sundry Income		0	170
Donations	4	6,104	3,123
Grants	5	7,410	2,000
Total Receipts		13,514	5,293
Payments		·	
Cost of Charitable Activities	6	11,881	3,245
Total Payments		11,881	3,245
Surplus/(Deficit) for the Year		1,633	2,048



Balance Sheet

As at 31 December 2022

Funds Reconcilation	Unrestricted Funds	Period Ended 31/12/21
Balance at 31 December 2021	22,569	20,521
Surplus/(Deficit) for the Year	1,633	2,048
	24,202	22,569
Bank and Cash Balances	5	
Bank Account	24,136	22,538
Cash in Hand	66	31
	24,202	22,569

Approved by Trustees on 30 August 2023 and signed on their behalf by:



Notes to the accounts - for the year ended 31 December 2022

1 Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended)

2 Nature and Purpose of Funds

Unrestricted funds are those that may be used at the discretion of the trustees in futherance of the objects of the charity. To date all funds received and held by the charity have been unrestricted. Since then grants and donations have been received from local Community Councils and organisations as detailed below in recognition of the primary interface of the charity and the local community.

3 Related Party Transactions

The Charity's insurance policy includes Trustee Indemnity Insurance for all its trustees.

No other remuneration was paid to the trustees or to any connected persons during the period.

4 Donations

	Unrestricted	PE 31/12/21
Milngavie Boot Sale, garage doors	1,170	Named & other
Bearsden Baptist Church - cairn	443	donations
Other donations (under £200)	567	2527
Members donations	3,924	596
	<u>6,104</u>	3,123
5 Grants	Unrestricted	PE 31/12/21
East Dunbartonshire Council	6,500	Total of grants
Bearsden East CC - Platinum Jubilee	75 0	J
Bearsden West CC - Platinum Jubilee	160	
	7,410	100
6 Cost of Charitable Activities	Unrestricted	PE 31/12/21
Equipment	3,422	
Property	3,654	:
Materials for Projects	1,289	
Administration	1,720	
Events: Platinum Jubilee	933	
183 Scouts - Wall Fund	863	
	11,881	3,245







Milngavie and Bearsden Men's Shed

Annual Report and Financial Statements

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Trustees' Annual Report

For the Year ended 31 December 2023

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Reference & Administrative Information

Charity Name

Milngavie and Bearsden Men's Shed

Charity No

SC047703

Address

"The Pagoda"
King George V Park
Borland Road
Bearsden
G612NE

Current Trustees

Elected at the AGM on 12 April 2023



At the Board Meeting on Tuesday 17 October 2023, deputes to the Chairman, Secretary, and Treasurer were established with Charles MacDougall, Lee Shield, and Rob MacLean, respectively coopted. They shall attend all Board Meetings, but without voting rights.

Structure, Governance and Management

Constitution

The Charity is a Scottish Charitable Incorporated Organisation (SCIO). It was registered in its current legal form on 04 September 2017. It has a two-tier structure and as such the membership appoint the trustees.

Appointment of Trustees

The management of the charity is carried out by the Board. Membership of the Board is comprised of Charity Trustees. Trustees are elected at the annual general meeting which this year was held on 12 April 2023. Under the constitution there must be a minimum of three and a maximum of eight trustees. Membership of the Board is open to all the members of the Men's Shed.

The Board hold regular meetings throughout the year.

Objectives and Activities

Purpose

The Milngavie and Bearsden Men's Shed (MBMS) is a registered charity whose main purpose is the advancement of the health and well-being of adult men, from the age of 18, from all backgrounds and living within East Dunbartonshire.

This will be achieved by creating, developing and maintaining a facility (the Pagoda), which will offer the members the opportunity to meet and undertake creative, physical, purposeful and recreational activities of their choice. This will reduce the isolation of men in the area, contributing to their physical and mental wellbeing and develop the capacity of members to share their skills and knowledge with others in a safe and friendly environment.

Activities

2023 has been a year where we returned to more normal operation and turned our minds to important alterations to the shed. Members have been becoming involved in projects, using the workshop more and the laser etcher has added a whole new creative dimension to the work being produced. We were fortunate to be donated a CNC woodworking machine which members have refined and improved to the extent that yet more creative work is being carried out on it. The working of the laser and CNC machines involves creating and controlling projects on a computer which has led to members gaining experience which they would never otherwise have had because most of us are more analogue than digitally minded and we now have a regular weekly members meeting on the subject which is popular and well attended. We have assisted local Boclair Academy pupils with a school competition for the design of model Formula One cars by providing them with supervised access to our CNC machine in order to fabricate a 3D model of their design and they are now progressing to the UK national finals.

We have been successful in obtaining grant funding for our works and projects with the result that our bank balance keeps at a comfortable level, and we remain watchful to keep it that way in the future through asking for donations for work done or services provided, as well as seeking support from different sources.

We have entered an interesting relationship with a large company via one of our members wherein they provided us with old whisky casks, and we provide them with some suggestion boxes made from that wood for their many sites and our members have produced an incredible variety of creatively unique suggestion box designs.

Social interaction is fundamental to our purpose, and this happens in person from 10 am to 4pm every weekday in our building with members dropping in to do a project or just to have a chat and a cup of tea. Members operate a number of WhatsApp groups. The Bull Shed Line - lots of banter, and sharing of information 24 hrs a day; Err on a G-string - allowing those with a music interest to share their favourite music and videos; Men's Shed Key-holders - used by key-holders to share information and make last minute arrangements for cover at the shed; Red Dragon Laser Group forum to discuss the laser and CNC machine; Trustees - allows trustees to discuss issues as a group. We have also previously set up temporary WhatsApp groups for particular projects and outings, these groups are important and form an essential structure of communication between members. We have regular Tuesday lunches in the shed with homemade soup and bread, Outings to places of interest, Burns Lunch, Christmas Lunch and other events. Another vital means of communication is our secretary's excellent weekly Pagoda Update email to all members (the Pagoda is our building).

We discover that some of our members who have joined but do not attend feel that they are part of something and really like to see what is going on.

We made a significant improvement to our facility by having the outside yard and main access reconfigured. The existing yard was tarmac which had a slope that made working outside difficult. The main yard is now level and access to the building is much easier via a small ramp and we have located gazebos there to provide sheltered work areas. At the side of the building a better and safer work area has been created under the eaves of the building and the access ramp has also been rationalised and paved. The ability to do sanding work outside has allowed us to keep the workshop more dust free and the workshop itself now has a much more manageable and efficient vacuum system which is easy to understand combined with a large extract fan for use on occasions when dust or similar has accidentally been produced. Maintaining the health of our members is one of our top concerns.

We continue to maintain our free membership policy and our public profile continues to grow with more people aware of our presence and our function. The number of people who have become members is now nearly 250 and we continue to enjoy providing a warm and welcoming environment where men can go for a cup of tea, a chat, a joke, friendship, and support, as well as getting the opportunity to use the workshops and develop skills that they might not have expected.

Financial Review

In examining the Statement of Receipts and Payments on Page 6, one could think that we have successfully turned a small surplus for 2022 into a larger deficit for 2023!!

This however belies the fact that the Board of Trustees embarked on a policy of improving the equipment available to members to the tune of about £3,600 and to investing in the reconstruction of the yard etc. (as aforementioned) at around £9,600. Without this investment of approximately £13,200 the accounts would have shown a Surplus for the year of around £5,600. It is the intention of the Trustees to attempt to slowly rebuild the Balance over forthcoming years.

As previously mentioned, we have had a slight increase in both Grants and Donations compared with the previous year. These are listed in the Notes on Page 8.

One donation in particular which should be highlighted, and that is from the Killermont Crafters, a group of ladies who diligently work away on Thursday evenings producing goods for their Annual Sale, the proceeds of which are given to local charities. This year they chose to present a donation of £2,600 to the Shed in recognition of the support and assistance that they have received from the Trustees and Members of the Shed throughout the past few years.



Independent Examiner's Report

The year ended 31 December 2023

Independent Examiner's Report to the Trustees of the Milngavie and Bearsden Men's Shed.

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Respective responsibilities of Trustees and Examiner

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Basis of Independent Examiner's Statement

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MILNGAVIE & BEARSDEN MENS SHED Statement of Receipts and Payments For the year ended 31st December 2023

	Note	Unrestricted Funds	Period Ended 31/12/22
Receipts			
Sundry Income		0	0
Donations	4	6,399	6,104
Grants	5	9,149	7,410
Total Receipts		15,548	13,514
Payments			
Cost of Charitable Activities	6	23,139	11,881
Total Payments		23,139	11,881
Surplus/(Deficit) for the Year		- 7,591	1,633

Balance Sheet

As at 31 December 2023

Funds Reconcilation	Unrestricted Funds	Period Ended 31/12/22
Balance at 31 December 2022 Surplus/(Deficit) for the Year	24,202 -7,591 16,611	22,569 1,633 24,202
Bank and Cash Balances		
Bank Account Cash in Hand	16,560 51 16,611	24,136 66 24,202

Approved by Trustees on Wednesday 13 March 2024 and signed on their behalf by:





Notes to the accounts - for the year ended 31 December 2023

1 Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended)

2 Nature and Purpose of Funds

Unrestricted funds are those that may be used at the discretion of the trustees in futherance of the objects of the charity. To date all funds received and held by the charity have been unrestricted. Since then grants and donations have been received from local Community Councils and organisations as detailed below in recognition of the primary interface of the charity and the local community.

3 Related Party Transactions

The Charity's insurance policy includes Trustee Indemnity Insurance for all its trustees.

No other remuneration was paid to the trustees or to any connected persons during the period.

4 Donations	Unrestricted	PE 31/12/22
Asda - green tokens	500	Named & other
Baljaffry Parish Church	400	donations
Killermont Crafters	2,600	
Edrington	200	
Other donations (under £200)	144	2,180
Members Donations	2,555	3,924
	6,399	6,104
5 Grants	Unrestricted	PE 31/12/22
East Dunbarton Voluntary Action	1,000	Total of grants
Bearsden West CC	500	
Milngavie CC	300	
Scotrail - Train	750	
Bearsden East CC	300	
Bearsden North CC	750	
East Dunbarton Council	1,400	
ASDA	1,200	
East Dunbarton Council	2,949	
	9,149	7,410
6 Cost of Charitable Activities	Unrestricted	PE 31/12/22
Equipment	6,918	3,422
Property	13,454	3,654
Materials for Projects	374	1,289
Administration	2,393	1,720
Events : Nil	0	1,796
	23,139	11,881