

# Whole Family Wellbeing

in East Dunbartonshire

## Whole Family Wellbeing Coffee & Chat

**Where:**

Hillhead Community Centre,  
169 Meiklehill Road,  
Kirkintilloch, G66 2TJ

**When:**

Mondays from 10 - 11.30am  
(starting Monday 2 June 2025)

Parents and carers are invited to our informal and relaxed coffee and chat drop-in sessions each Monday. It's an opportunity to talk, to be together and to get support and advice when needed. We will also use this space to continue to ask parents what they want within their community.

**Please come along and join us!**

For more information please contact:

[Requestforassistance@eastdunbarton.gov.uk](mailto:Requestforassistance@eastdunbarton.gov.uk)

