



Medically Referred Diet Provision

There are occasions when pupils are unable to eat the school meals available under the statutory meal provision due to medical reasons. Every effort is then made to ensure that a suitable alternative is provided. East Dunbartonshire Council will co-ordinate all such requests for medically referred diets, liaising with:

- Parent/Carers
- Head Teachers
- General Practitioners
- Dietitians
- Health Visitors
- Speech and Language Therapists
- Catering Managers.

- ✓ All foods are screened for suitability.
- ✓ Diet sheets and meal plans are prepared for catering managers use.
- ✓ The dietary requirements of each child are regularly updated and reviewed by the medical authorities.



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East Dunbartonshire Council

www.eastdunbarton.gov.uk

Classification of Diets

East Dunbartonshire Council, as far as reasonably possible, can cater for a wide range of medical diets such as:

- Nut Free
- Egg Free
- Milk Free
- Additive Free
- Gluten Free
- Managing Diabetes.



If your child needs a medically restricted diet then contact your Head Teacher in the first instance to make them aware of your child's requirements. They will advise you to contact your dietitian who will pass your request to East Dunbartonshire Council. The Catering Department will then contact you to determine the exact diet that is required. All requests for medical diets must be supported in writing by the medical authorities. A state registered dietitian, a general practitioner, speech and language therapist or hospital consultant may issue requests clarifying the child's exact dietary needs. Verbal requests are not acceptable. East Dunbartonshire Council feels it is imperative that this policy is enforced since the diet of a child can have implications for their health both now and later in life. It should be noted that the ultimate responsibility for ensuring the correct school meal provision remains with the parent/carer.

Communication

1 Parent Carer request special diet - asks Head Teacher

2 Head Teacher refers parent to dietician

3 Medical referral dietician

4 East Dunbartonshire Council informed of request

5 Catering Department receives letter of confirmation detailing particulars of diet

6 Parent/carer advised of availability and implementation